

Health and Safety

Health and Safety is a legal requirement for any business. The Health and Safety at Work Act 1974, gives employers the responsibility for ensuring the Health and Safety of their workers and anyone affected by their work, including customers.

The Management of Health and Safety at Work Regulations 1999, make clearer the obligations of employers, including requirements to:

- assess risks faced by employees
- have arrangements for planning, organising,

- controlling, monitoring and reviewing preventative and protective measures
- appoint a competent person(s) to help comply with Health and Safety law
- provide employees with information on the risks they face and how to control those risks.

Responsibility for Health and Safety not only falls to managers, but to all employees and we offer specific training which reflects this. Much of our Health and Safety training can be tailored to the individual work environment.





Occupational Health and Safety NVQs

NVQ – National Vocational Qualifications

NVQs cover the development, promotion and monitoring of procedures to control Health and Safety within the workplace. Employees are required to evidence their learning and competence by collating a portfolio of evidence with the emphasis on applying best practice in the workplace.

Training outcomes

By the end of the training, employees should be able to:

- ensure their own actions reduce risks to Health and Safety
- monitor and develop procedures to control and assess risks to Health and Safety
- promote a Health and Safety culture within the workplace
- investigate and evaluate incidents and complaints in the workplace
- ensure their actions aim to protect the environment.

Assessment

Employees are required to evidence their learning and competence by collating a portfolio of evidence with the emphasis on applying best practice in the workplace.

Occupational Health and Safety NVQ level 3

Course Code: A4932

Fees 2

Start Date: Flexible

Duration: 9 to 18 months

What is the training about?

The course involves the development, promotion and monitoring of procedures to control health and safety within the workplace.

Who should attend?

This training is intended for managers and others with a strategic position for Health and Safety such as Health and Safety managers, officers or advisers.

Duration

Nine to 18 months.

Progression

Leading on from this training employees can progress to NVQ level 4 in occupational Health and Safety in practice or a diploma in Health and Safety. As a career progression this is the first stage in a Health and Safety career. With five years experience employees can apply for Technical Specialist of IOSH.

Occupational Health and Safety NVQ level 5

Course Code: A7066

Fees 2

Start Date: Flexible

What is the training about?

This course is for practicing health and safety professionals that can lead on to Chartered Membership of IOSH providing you pass their selection criteria.

Who should attend?

This training is intended for managers and others who are practising Health and Safety with the workplace such as Health and Safety managers, officers or advisers. This training can lead on to Chartered Membership of IOSH providing you pass their selection criteria.

Duration

12 to 24 months.

Progression

Successful completion means employees can seek to pursue a NVQ level 6 in Occupational Health and Safety or diploma in Health and Safety This course is for practising Health and Safety professionals that can lead on to Chartered Membership of IOSH providing you pass their selection criteria.

Bespoke Fire Training Course

Course Code: A7013

Fees 2

Start Date: Flexible

Duration: One day

What is the training about?

It is designed to up-skill the delegates in fire awareness that would be specific to their place of work. With the aid of a fire simulator the tutor can train delegates on the safe use of fire extinguishers relevant to their workplace. The tutor is required to carry out a risk assessment prior to the course for location of the simulator.

Who should attend?

Delegates within the workplace.

Training outcomes

By the end of the training, delegates will be able to safely use fire extinguishers relevant to their workplace.

Duration

Two and half hours.

Assessment

In accordance with the individual organisational requirements.

Progression

Interested delegates may wish to progress onto the CIEH level 2 Award in Health and Safety in the workplace.



Health and Safety in the Workplace (Group)

Course Code: A1248
Start Date: Flexible

Fees 2

What is the training about?

A basic introduction to health and safety requirements, covering a variety of aspects including: general health and safety, the law, health, safety, welfare, the workplace and work equipment, risk assessment, manual handling, hazardous substances, ergonomics and work station, heights, transport, vehicles, noise and vibration.

Who should attend?

Anyone in a work environment as it provides an understanding of Health and Safety that will enable delegates to contribute to the Health and Safety of their workplace.

Training outcomes

At the end of the training, there is a multiple choice test of 30 questions. Delegates have to obtain 20 correct answers to receive a level 2 Award in Health and Safety in the workplace.

Duration

One day.

Assessment

Assessment is through continuous assessment.

Progression

Delegates could look at a career in Health and Safety after undertaking further qualifications. Progression to the Intermediate Certificate in Supervising Health and Safety and Risk Assessment: Principles and Practices courses is possible.

IOSH – Managing Safety (Group)

IOSH – Institute of Occupational Safety and Health

Course Code: A9531
Start Date: Various

Fees £380

What is the training about?

It offers a step-by-step guide to carrying out the key Health and Safety activities managers are responsible for, and gives practical tools for use in the workplace.

Who should attend?

Supervisors and managers with supervisory responsibility for Health and Safety.

Training outcomes

By the end of the training, delegates should be able to:

- explain “managing safely”
- describe how to integrate systems successfully
- describe statutory requirements for reporting and procedures for checking non-reporting
- define hazards and risks and describe the legal requirements for risk assessment.

Duration

9pm to 5pm for four days.

Assessment

Assessment is by examination.

Progression

Delegates could seek to pursue a career in managing Health and Safety with additional qualifications at level 3.

Leicester College is now able to offer a recruitment service to businesses at no cost to you the employer.

We provide a wide range of high quality training programmes which ensures that, learners come to you with the skills ready for work. Most training programmes can be tailored to meet your individual business requirements.

By sharing your vacancy details with us we can support you to find the right candidates for your business.

For further details call us on 0116 224 2240.



NEBOSH Construction

NEBOSH – National Examination Board in Occupational Safety and Health

Course Code: A8764
Start Date: Flexible

Fees 2

What is the training about?

It is broken down into three units as follows:

- NGC1 Management of Health and Safety
- NCC1 Managing and controlling hazards in construction activities
- NCC2 Construction Health and Safety practical application.

Who should attend?

This training is aimed at Supervisors, Managers and CDM co-ordinators within the construction industry who are required to ensure that activities under their control are undertaken safely

Training outcomes

This qualification is accepted by IOSH – the Institution of Occupational Safety and Health – in meeting the academic requirements for Technician membership of IOSH (Tech IOSH).

Duration

9pm to 5pm, one day per week for 20 weeks.

Assessment

Assessment is by examinations.

Delegates

Delegates can progress on the NEBOSH Diploma in Occupational Health and Safety.

NEBOSH National General Certificate

NEBOSH – National Examination Board in Occupational Safety and Health

Course Code: A5250
Start Date: Flexible

Fees £1,075

What is the training about?

This is the first stage in a full-time career in Health and Safety as a Health and Safety manager. The course is broken down in three units as follows:

- NGC1 the Management of Health and Safety
- NGC2 Controlling Hazards
- NGC3 Practical application of Health and Safety skills.

Each unit can be studied individually. Please enquire about individual unit cost.

Who should attend?

Those who wish to become Health and Safety practitioners or managers, supervisors and sole proprietors who need to demonstrate competency.

Training outcomes

The training helps delegates to manage risks effectively. Many delegates take the NEBOSH Certificate as a first step on a career in health and safety. It provides a valuable overview, and is a sound basis for further professional study.

Duration

9pm to 5pm, one day per week for 15 weeks.

Assessment

Assessment is through examination.

Progression

NVQ level 4 in Occupational Health and Safety in practice
NEBOSH Diploma in Health and Safety.

About our fees

- ① For training marked with this symbol, the price will depend on the funding available. Please call 0116 224 2240 for more details.
- ② Costs for training with this symbol are variable dependent on the number of delegates, venue etc. Please call 0116 224 2240 for more details.
- ③ Costs for training with this symbol are dependent on employee's age. Please call 0116 224 2240 for more details.



Manual Handling Principles

Course Code: A0082
Start Date: Flexible

Fees 2

What is the training about?

It introduces hazards and risks involved in manual handling and outlines what to expect from a manual handling assessment.

Who should attend?

It is aimed at all employees who carry out manual handling activities at work. This training will enable delegates to develop safer manual handling techniques in the workplace.

Training outcomes

Upon completion the delegate will have knowledge of:

- the process of manual handling in the workplace
- manual handling injuries and the activities that cause them
- manual handling assessment and control options and responsibilities imposed by the Manual Handling Operations Regulations.

Duration

One day.

Assessment

At the end of the training the delegate will complete a multiple-choice exam.

Progression

Delegates will be able to put safe handling practices into place within the workplace. There is scope for progression on to a NVQ level 3 in Health and Safety or other level 3 Health and Safety qualifications.

Risk Assessment level 2 Award in Principle/ Practice Certificate

Course Code: A1254
Start Date: Flexible

Fees 2

What is the training about?

It ensures that supervisors and managers have the necessary depth of understanding to enable them to carry out risk assessments. The content includes:

- legislation
- principles of risk assessment
- prioritising risk controls
- documentation and monitoring controls
- risk assessment in practice.

Who should attend?

It is aimed at delegates with a responsibility for conducting risk assessments. However delegates should have a good standard of written and oral communication.

Training outcomes

This will help people put theoretical and practical skills and knowledge into place in the workplace.

Duration

The course will take a total of 10 hours over at least two days.

Assessment

Delegates must complete a risk assessment project within their workplace.

Progression

Upon successful completion, delegates often progress to the level 3 or level 4 in health and safety qualification.

**"561 employers said
Leicester College was
their first choice for
training"**

Employer Survey 2011



Risk Assessment level 3 Award in Principle/ Practice Certificate

Course Code: A0446
Start Date: Flexible

Fees 2
Duration: One day

What is the training about?

It helps delegates carry out risk assessment in the workplace giving them practical and theoretical skills.

Who should attend?

It is aimed at anyone in a supervisory position with a responsibility for conducting risk assessments. However delegates should have a good standard of written and oral communication.

Training outcomes

Successful completion ensures that supervisors and managers have the necessary depth of understanding to enable them to carry out risk assessments and have a knowledge of:

- legislation,
- principles of risk assessment,
- prioritising risk controls,
- documentation and monitoring controls
- risk assessment in practice

Duration

One day.

Assessment

Continuous assessment.

Progression

Successful completion allows progression to the level 3 or level 4 in Health and Safety.

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