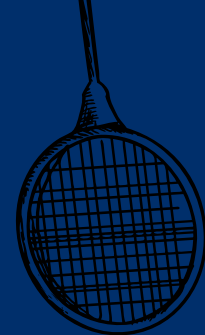


Sport and Fitness



Sport is a fundamental aspect of life in Britain, from professional level down to the person who goes to the gym to stay trim. With the London 2012 Olympic Games this hunger for sport and fitness can only grow, as will the need for professionals to deliver services across the community.

Facilities include the College's own sports hall and gym, and expert staff will give you full support throughout your course giving you the best possible start to a career in the sport and leisure industry.

Previous learners have progressed to careers in the sports world such as personal training, management and teaching.

There is also the opportunity to "top-up" your degree at the University of Bedfordshire, which boasts state-of-the-art PE and sports facilities which will be used by 2012 Olympic athletes.



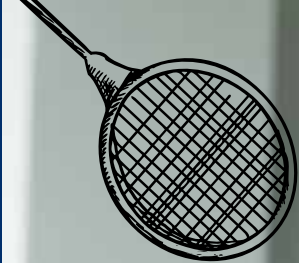
Rosie Cyhanchuk – Foundation Degree in Sports Coaching

As Rosie has enjoyed playing football since a young age, taking the NVQ level 3 in football coaching appealed to her. She really enjoyed learning about football coaching and was advised that the Foundation Degree in Football Coaching at Leicester College was ideal as the next step in her learning.

Since starting the course in September 2010, Rosie has benefited from work experience

coaching 5-14 year olds at Huncote Sports Pavilion and has ambitions to progress to university and become a sports coach.

She said: "The course outline really interested me. I'm learning subject areas I've not covered before like Psychology and Physiology. I think that by topping up my qualification, this is the best way for me to progress to university and continue studying coaching at a higher level."



“ by topping up my qualification, this is the best way for me to progress to university and continue studying coaching at a higher level. ”

Foundation Degree in Sports Coaching

This is a two year course which will involve the study of various aspects concerned with sport participation and coaching.

Full-time

UCAS Code	B22 CX6D
Course Starts	September
Course Length	Two Years
Location	Freemens Park Campus

The Foundation Degree includes the following units.

Year One Units:

- fundamentals of coaching
- employment 1
- the sporting body
- psychology – learning and performing
- research – enquiry foundations.

Year Two Units:

- coaching for development
- employment focus 2
- physiology – control and adaptation
- psychology – belonging and Influence
- research – quantitative methods.

What do I need to start?

A UCAS tariff score of between 80 and 120 points to include one of the following:

- a relevant Access to HE course
- BTEC National Diploma or equivalent in a sport related qualification
- one A level at grade C or above in a related subject.

We welcome applications from learners with Advanced Apprenticeships and those adult learners who do not match the standard entry requirements but who can demonstrate a willingness and commitment to studying this subject and who can evidence academic, professional or vocational experience in a related field.

International learners please see page 102.

How long is the course?

Two years, full-time.

How will I be assessed?

Assessment is through continuous practical and written assignments and exams.

What is the fee?

The fee is currently under evaluation and yet to be confirmed. Please call 0116 224 2240

for the latest fee information.

Who is the awarding body?

This course is validated and awarded by the University of Bedfordshire. Please see Associate Universities page 112.

What else do I need to know?

You may also study towards additional sport and fitness qualifications, although extra charges will be payable. This is subject to group numbers and availability.

Work experience is compulsory as part of this course.

What can I do next?

After successful completion this course can be topped up to a BSc (Hons) degree in Sport Science and Coaching at the University of Bedfordshire, or you could look for employment in the sport and leisure industry, including coaching positions.

It may also be possible for you to apply to other universities to “top-up” to other coaching related Degree programmes.

How do I apply?

Please apply to UCAS at www.ucas.com



University of
Bedfordshire